

Revepeel Enlighten Pre and Post Care

Pre-Care:

Avoid retinoids, exfoliating acids, scrubs, waxing, and other irritating treatments for several days before your appointment. Avoid excessive sun exposure and arrive with healthy, unbroken skin. Let your provider know about any medications, recent procedures, pregnancy, breastfeeding, or active skin conditions.

Post-Care:

Follow the provided Enlighten home-care system exactly as directed. Keep the skin moisturized, use gentle products, and apply broad-spectrum sunscreen daily. Avoid picking or peeling the skin, direct sun, excessive heat, sweating, swimming, retinoids, acids, scrubs, and other treatments until the skin has fully healed. Redness, tightness, dryness, sensitivity, and peeling may occur.